Weeks 1, 3, 5, 7, 9, 11
Think about your experiences over the past week at work.
1. What was your biggest challenge this week?
2. What made it so challenging?
3. How did you approach this challenge? Reflecting on it now, do you wish you had handled it differently?
4. To what extent did you feel prepared for this challenge based on your capstone design experience? Based on other experiences?
5. Is there anything you think your education might have done that would have better prepared you?
6. Are there other workplace activities this week you felt particularly well or poorly prepared for? If so, please explain.

Weeks 2, 6, 10
Think about your experiences over the past week at work.
1. What was your most significant accomplishment this week?
2. What made it significant?
3. Did anyone help you in achieving this accomplishment?
   How did they help?
4. To what extent did you feel prepared for this accomplishment based on your capstone design experience? Based on other experiences?
5. Are there other workplace activities this week you felt particularly well or poorly prepared for? If so, please explain.

Weeks 4, 8, 12
1. Have there been any major changes in your job over the past month? If so, what?
2. What was your most significant accomplishment this week?
3. What made it significant?
4. Did anyone help you in achieving this accomplishment?
   How did they help?
5. To what extent did you feel prepared for this accomplishment based on your capstone design experience? Based on other experiences?

6. Are there other workplace activities this week you felt particularly well or poorly prepared for? If so, please explain.

7. Looking back over the last month, were there any things in particular you did or experienced that really made you see yourself as an engineer?